

Clothing and Personal Items

Keep it simple. You can create a box of additional items that you may not be sure about. This can be mailed to you. Bring what fits into a large travel bag. New England weather is extremely variable and there can be a lot of temperature changes in a 4 to 6 month timeframe. If you are unsure about any other items, please ask prior to your arrival.

Bring:

- Clothes appropriate for a job interview/work in addition to everyday clothes. Any clothes for exercising and/or sports/activities that you may participate in
- Towels and bedding (regular twin sheets, pillow, blankets, etc)
- A journal and pens/pencils
- A light for reading (book light, headlamp)
- Backpack/bag for carrying personal items/books
- Personal hygiene items and bag to store them in
- Books, pictures, or other items to make your space your own

Optional:

- Cell Phone, I pod, Laptop (Inner Connections cannot be responsible for these items if they get damaged or lost so please bring at your own risk)

Prescriptions

Bring at least 30 days of any prescription medications you take.

- Prescriptions need to be in the original prescription bottle
- All prescription should be discussed with staff before arrival and listed on emergency information sheet
- You will be given a lockbox to keep prescriptions locked in at all times.

Copies of Personal Identification

Keeping these documents is the responsibility of the student. We recommend them as they are often necessary for getting a job or registering for school.

- Photo identification: Driver's License, Passport, or State ID
- Social Security Card and or Birth Certificate
- Medical Insurance Card (or a copy front and back)
- College ID